

WHERE GOALS BECOME GAINS



OUR PROGRAMS & SERVICES



Memberships

Membership includes access to workout equipment, exercise classes, and pickleball! Prices are affordable and NO CONTRACT!



Workout Equipment

WCPRD offers workout equipment such as ellipticals, treadmills, cardio machines, muscle-group specific machines, free weights, spin bikes, and more!



Traditional Classes

A selection of traditional classes including aerobics, Cardio Funk, Silver Sneakers, Yoga, and spin!



Silver Sneakers

Silver Sneakers is a health and fitness program designed for adults 65+ that is included in many insurance plans including Medicare!



Membership Prices

The membership menu includes family memberships (\$48/mo), married couple memberships (\$38/mo), adult memberships (\$28/mo), young adult (\$15/mo), etc!



What We Care About

We are dedicated to providing a range of enjoyable leisure time activities for individuals of all ages. We aim to create an active, healthy, and engaged community!



OPEN DAILY, M-TH

07:00 AM - 8:00 PM Friday 08:00 AM - 05:00 PM Saturday 08:00 AM - 3:00 PM



🚯 www.whitecounty.net