



**WHITE COUNTY
PARKS & RECREATION**

February 2024

Fitness Equipment being used will be at your own risk.
If you are participating in Yoga classes you must bring your own yoga mat.

CLOSED on 19th Presidents' Day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00-9:00 Pickleball	7:00-9:00 Pickleball 8:00-9:00 Spin Class	7:00-9:00 Pickleball	7:00-9:00 Pickleball 8:00-9:00 Spin Class	7:00-9:00 Pickleball	8:30-3:00 Basketball
9:30-10:30 Body Sculpt	9:30-10:30 Cardio Funk	9:30-10:30 Body Sculpt	9:30-10:30 Dance Cardio	9:30-10:30 Body Sculpt	3:00-5:00 Pickleball
11:00-12:00 SilverSneakers	11:00-12:00 Chair Yoga	11:00-12:00 SilverSneakers	11:00-12:00 Hatha Yoga	11:00-12:00 SilverSneakers	
12:30-3:00 Pickleball	12:30-1:30 Vinyasa/Yin Yoga	12:30-3:00 Pickleball	12:30-1:30 Balance & YinYoga	12:30-3:00 Pickleball	
3:00-5:00 Open Gym	2:00-5:00 Pickleball	3:00-5:00 Open Gym	2:00-5:00 Pickleball	3:00-5:00 Open Gym	
5:00-8:00 Basketball	5:00-8:00 Basketball	5:00-8:00 Pickleball	5:00-8:00 Basketball		

Hours of operation: Monday-Thursday 700a-800p. Friday 700a-500p. Ssaturday830a-300p

www.whitecounty.net ~ 327 Asbestos Road ~ Cleveland, Ga. 30528 ~ 706-865-5275