LEGACY LINK MENU

April 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	**4**	**5***	**Easter Day Meal**	**7**
Salisbury Steak Brown Gravy Au Gratin Potatoes Carrots Wheat Bread Cinn Graham Cookies	Mozzarella Chicken Penne Pasta w/Tomatoes French Green Beans Dinner Roll Fresh Fruit	Beef Chili Broccoli w/Cheese Baked Potato Saltine Crackers Pineapple Tidbits Sour Cream | Marg	Glazed Ham Sweet Potatoes Green Bean Amandine Dinner Roll Coconut Cake Diet - Pound Cake	Yogurt Dill Chix Salad Pasta Salad Green Pea Salad Saltine Crackers Sugar Cookie Diet - Fig Bar
10	**11**	**12**	**13***	**14**
Homestyle Chicken and Rice Whole Kernel Corn Stewed Tomatoes Dinner Roll Oatmeal Cookie Diet - Lorna Doones	Smothered Meatballs Whipped Potatoes Summer Vegetables Wheat Bread Fresh Fruit	Chicken Cacciatore Parslied Rice Brussels Sprouts Dinner Roll Fresh Banana	Hamburger Patty Baked Beans Potato Wedges Lettuce/Tomato Hamburger Bun Fresh Fruit Mustard|Ketchup|Mayo	Macaroni & Cheese Black-Eyed Peas Collard Greens Cornbread Fudge Crème Cookie Vinegar Diet - Graham Crackers
17	**18**	**19**	**20**	**21***
Chicken Pot Pie Whole Kernel Corn Green Beans Wheat Bread Nutty Buddy Bar Diet - Oreo Cookies	Beef Patty Onion Gravy Garlic Potatoes Spring Vegetables Cornbread Fresh Fruit	Chicken Supreme Lima Beans Okra & Tomatoes Dinner Roll Strawberry Gelatin Diet - SF Gelatin	Spaghetti Casserole Green Peas Tossed Salad Saltine Crackers Apple Crisp Ranch Dressing Diet - Hot Apples	Sausage w/Onions and Peppers Baked Beans Cabbage Hot Dog Bun Fresh Fruit Mustard | Ketchup
24	**25**	**26***	**27**	**28**
Meatloaf Tomato Gravy Whipped Potatoes Dinner Roll Choc Ch Cookie Diet - Lorna Doones	Chicken Cordon Bleu Parslied Rice Green Beans Dinner Roll Fresh Fruit	BBQ Pork Baked Beans Coleslaw Hamburger Bun Hot Spiced Fruit	Oven Fried Chicken Au Gratin Potatoes Garden Vegetables Dinner Roll Oreo Cookies	Sliced Turkey Breast Swiss Cheese Lettuce | Tomato Carrot Salad Wheat Bread (2) Mustard | Mayo
			Most meals served with Margarine **8 oz Milk Daily** *8 oz Chocolate Milk	TRIO Community Meals an elior company